



14,410

parents benefitted from rehabilitating community health services due to the 2015 earthquake

607

children under five received individual healthcare in 2019

228

people were trained on the risk of trafficking and migration for children and young people

Nepal is still struggling to recover from the 2015 earthquake disaster. The political instability contributes to socio-economic challenges. As a result, there is a dramatic increase in child migration, human trafficking and exploitation. Community health facilities, water and sanitation systems, schools and the child protection system are largely dysfunctional. Our local teams rehabilitate health facilities and work to improve children's health. We also fight against child labour.

Our intervention



Tackling child labour

A large number of children in Nepal are sexually exploited in dance bars, hotels and on the street. Tdh supports them to escape exploitative situations by offering various alternatives such as starting their own small businesses, continuing education, vocational training or reuniting them with their families. Tdh also provides them with healthcare and psychosocial counselling. Tdh is tackling the worst forms of child labour and surfacing key drivers of modern slavery in Kathmandu slums. Tdh co-develop with stakeholders innovative and context-appropriate ways to increase options for children to avoid engagement in hazardous exploitative labour.



Mother and child health

Tdh's local teams are actively involved in improving healthcare for mothers and children. We train local staff, control quality and supply medical equipment. Pregnant women and breastfeeding mothers are given advice on how to provide correct nourishment and care for their newborns. In mother groups, we promote mother and child health and educate them on the importance of checking their children for malnutrition. Additionally, young people working in the adult entertainment sector are counselled on sexual and reproductive health.



Children and Youth in Migration

A great number of children are on the move in Nepal. They leave their villages in rural areas in search of better opportunities or influenced by the false promises of human traffickers. Instead of a bright future, many become victims of exploitation, particularly in the adult entertainment sector. In order to prevent risky migration and to ensure that children at risk receive necessary support, our experts are counselling children on safe migration in collaboration with the government and local communities.



Child Protection in Emergency

Children in Nepal are exposed to multiple protection risks, especially during and immediately after natural disasters. Tdh strengthens the capacity of local authorities, NGOs and civil society so that they are prepared to safeguard children from potential abuse, exploitation and trafficking in emergency situations. Similarly, Tdh runs child-friendly spaces, temporary learning centres and provides educational and psychosocial support to children and families to overcome their traumatic experiences. Our experts also train the community in trauma management and establish village-level child protection mechanisms to reduce child rights violations through advocacy and support.

TDH in Nepal

Beneficiaries 2019: 28,861

Expatriate / national staff : 2 / 22

Budget 2020: CHF 1,117,295

With your donation we can for example:

CHF 10.-

Train a teacher to support children traumatised by the earthquake

CHF 350.-

Reunite a trafficked child with his or her family

CHF 1000.-

Provide standard medical equipment to a community health centre



More information : <https://www.tdh.ch/en/our-interventions/nepal>



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